



May 15, 2026

Dear SRA Member,

The Saskatchewan Retirees Association (SRA), in collaboration with Group Medical Services (GMS), has completed the annual review of our health and dental plans. This review considered member feedback, current market trends, and the usage patterns of plan coverage. We continue to work closely with GMS to maintain a sustainable and affordable benefits program that supports the needs of our members.

Below is an overview of your July 1, 2026 renewal, including reminders about coverage options and updated premium rates.

Coverage Options and Plan Features

Members may choose to maintain their current level of coverage or elect optional higher limits for prescription drugs and dental coverage. All benefit amounts are per member, per policy year.

Prescription Drug Coverage Options

Prescription drug coverage continues to be provided at a \$1,700 annual maximum under the base health plan.

If you wish, you may choose to increase your prescription drug maximum to \$2,500 or \$3,500 for an additional monthly premium.

Dental Coverage Options

Members who participate in the dental plan continue to have a \$1,200 annual maximum.

If desired, dental coverage may be increased to a \$2,000 annual maximum for an additional monthly premium.

Out of Province / Canada Emergency Medical Travel Coverage

Emergency Medical Travel coverage continues to provide a lifetime maximum of \$5 million per person, providing members with additional protection while travelling.

We are also pleased to share that optional travel add-on days are available for members who need coverage beyond the **60 days of travel coverage per trip** included under the plan. This enhancement offers greater flexibility for members planning extended travel and provides an opportunity to purchase additional coverage where eligible. **Members who selected optional travel add-on days**

when introduced in January and wish to continue this coverage will also be required to complete the Annual Optional Travel Add-on Form (attached).

Your renewal rates effective July 1, 2026

After careful consideration, the SRA Board has approved a combined health and dental premium increase of 2.28% that is necessary to sustain the existing level of coverage. We continue to work hard to balance rising costs while preserving robust benefits for our members.

Below are the new monthly premium rates. Members will select one health plan option and, if applicable, one dental plan option. Your total monthly premium will be the sum of the premiums for the options you choose.

MONTHLY PREMIUM RATES EFFECTIVE July 1, 2026						
SRA HEALTH AND DENTAL PLANS	SINGLE		COUPLE		FAMILY	
	Current	July 2026	Current	July 2026	Current	July 2026
Health with drug max \$1,700	\$124.41	\$125.68	\$247.86	\$250.37	\$294.63	\$297.61
Health with drug max \$2,500*	\$159.17	\$160.44	\$317.54	\$320.05	\$377.44	\$380.42
Health with drug max \$3,500*	\$214.31	\$215.58	\$428.07	\$430.58	\$508.79	\$511.77
Dental max \$1,200	\$51.61	\$55.02	\$103.17	\$109.98	\$118.66	\$126.49
Dental max \$2,000*	\$87.74	\$91.15	\$175.39	\$182.20	\$201.72	\$209.55

(*) Optional upgrades are available at an additional monthly premium. Members selecting one of these options will pay the higher rate shown.

Members who would like additional travel coverage may also apply for optional add-on travel days. These optional travel add-ons are listed in a separate table below and require completion of the attached medical questionnaire. If selected, the applicable travel add-on premium will be added to your monthly premium.

Optional Add-on Travel Days rates

MONTHLY PREMIUM RATES EFFECTIVE July 1, 2026			
Coverage:	14 Extra Days	30 Extra Days	90 Extra Days
Single:	\$7.39/month	\$12.87/month	\$44.14/month
Couple:	\$14.81/month	\$25.80/month	\$88.48/month
Family:	\$17.60/month	\$30.66/month	\$105.15/month

Premium charged may be subject to tax.

Claims reminder

To help ensure claims under the current policy year are processed expediently, members are encouraged to submit any outstanding eligible claims before the July 1, 2026 renewal date.

How to renew

If you are satisfied with your current coverage and do not wish to make changes:

- **Monthly payers:** Your plan will renew automatically.
- **Annual payers:** Please contact GMS to renew. **Payment must be received within 30 days of the July 1, 2026 renewal date to avoid cancellation.** Payment may be made by credit card or cheque.

If you wish to change your coverage, select a health or dental upgrade, or request optional travel add-on days, please contact GMS before July 30, 2026. Members applying for optional travel add-on days, including those who previously purchased this coverage, will be required to complete the applicable application to confirm eligibility.

A new experience and dedicated support for SRA members

As of July 1, GMS is bringing members a redesigned My GMS portal with a fresh look and feel, and many new features. GMS will be providing dedicated assistance to SRA members to help with renewals and the new My GMS online portal. SRA will also be hosting a webinar on My GMS Portal on June 9th, 2026 with more information to follow.

GMS has established a special SRA member support number at **1-855-352-7638** that will be available (Monday to Friday, 7:00 a.m. to 6:00 p.m. CST) from July 1 to July 30. Please use this number:

- If you wish to renew your plan, make changes to your coverage, choose a health or dental upgrade, or request travel add-on days. Or,
- Members that require general support or need help in logging into your new My GMS Portal.

You can also call the general GMS line at **1-800-667-3699** (Monday to Friday, 7:00 a.m. to 6:00 p.m. CST) for assistance with other inquiries.

Online: Use <https://gms.ca/associations/sra> for helpful information about the new My GMS online portal. Please note that you will not find this page simply by going to the GMS website. It is viewable only to SRA members with the link.

Sincerely,

Harold Hugg & Irwin Blank
Co-Chairs, Group Benefits Committee
Saskatchewan Retirees Association