

# Regina Senior Citizens Centre



## **STAY IN YOUR HOME AS LONG AS YOU CAN! HOME HELP SERVICES**

### **General House Keeping**

General housekeeping includes a wide variety of duties and chores. Your housekeeper can come to your home on a weekly, bi-weekly or monthly basis. You can also request the same person for your visit.

Housekeeping may include (but is not limited to):

- Clean your kitchen and/or bathroom
- Dusting furniture
- Vacuuming carpets, washing floors
- Laundry
- Much more!

### **Lawn Care**

Lawn care is provided on a weekly or bi-weekly basis and includes the following:

- Cut lawn
- Sweep sidewalks and driveway

### **Yard Maintenance**

Yard maintenance includes the following:

- Rake leaves
- Clean eavestroughs
- Wash windows (exterior only)
- Trim tree branches
- Snow removal

*Rates available for all levels of income  
Call Jackie (306) 525-2154*

**All Seniors Welcome  
Members & Non-members**

**Regina Senior Citizen Centre  
2134 Winnipeg St • 306-525-2154**